

# **SUTAB PREP COLONOSCOPY SCHEDULED BEFORE 1:00PM**

## **Seven Days Prior to Your Colonoscopy (IMPORTANT)**

- ✓ Stop Aspirin & NSAID's (Ibuprofen, Naprosyn, Mobic, Advil, Motrin, Aleve, Excedrin). Tylenol is allowed.
- ✓ Stop Multivitamins, Vitamin E, Iron, Fish Oils (Omega Fatty Acids and Lovaza, Vascepa)
- ✓ **If you take BLOOD THINNERS** like Coumadin (Warfarin), Plavix (Clopidogrel), Aggrenox (dipyridamole), Brillinta (ticagrelor), Lovenox (enoxaparin), Pletal (cilostazol), Pradaxa (dabigatran), Eliquis (apixaban), Xarelto (rivaroxaban), Effient (prasugrel), Savaysa (Edoxaban) or any blood thinner check with your Primary Doctor when to stop medication prior to your procedure
- ✓ **If you are a DIABETIC**, check with your Primary Care Doctor about what to do with your diabetic medication prior procedure. Do NOT stop these medications without speaking to your physician.
- ✓ If you take these medications for **DIABETES or WEIGHT LOSS**
  - **STOP 7 Days Prior:** Qsymia, Phentermine, Adipex, Ozempic, Wegovy, Zepbound, Trulicity, Mounjaro, Byetta, Victoza, Saxenda, Tanzeum, Adlyxin, Bydureon, Rybelsus
  - **STOP 3 Days Prior:** Jardiance, Farxiga, Invokana, Steglatro, Synjardy, Trijardy and Xigduo

## **Three Days Prior to Your Colonoscopy**

- ✓ Eliminate Nuts, Seeds, Grains and Raw Vegetables. Reduce your portion of Salads
- ✓ Pick up your Sutab prep from the pharmacy
- ✓ Purchase a box of baby wipes (moist wipes)

## **The Day Before Your Colonoscopy**

- ✓ Follow **Clear Liquid Diet** (page 3) for the whole day. After midnight you are **NOT** allowed to have anything by mouth until the colonoscopy is completed the next day
- ✓ **At 12PM** open 1 Bottle of 12 Sutab tablets. Fill provided container with 16 ounces of water (to the fill line on the cup). Swallow the 12 pills with the full 16 ounces of water over 15 minutes. One hour after doing that drink an additional 16 ounces of water over 30 minutes. Thirty minutes after doing that drink another 16 ounces of water over 30 minutes.
- ✓ **At 5PM** open 1 Bottle of 12 Sutab tablets. Fill provided container with 16 ounces of water (to the fill line on the cup). Swallow the 12 pills with the full 16 ounces of water over 15 minutes. One hour after doing that drink an additional 16 ounces of water over 30 minutes. Thirty minutes after doing that drink another 16 ounces of water over 30 minutes.
- ✓ After going to the bathroom, use only the baby wipes (moist wipes) to prevent irritation
- ✓ Place a napkin or pad in your underwear prior to bed because leakage may occur while sleeping

## **The Day Of The Colonoscopy**

- ✓ Unless otherwise instructed by your doctor, take all your **prescription** medications with a sip of water
- ✓ Do not smoke the day of the procedure
- ✓ You must arrive **30 MINUTES** prior to the scheduled procedure.
  - ❑ **Star Surgical Suites:** 623 Stewart Avenue Garden City Suite 101, NY 11530  
(516) 222-(STAR)

Because of the medication you will receive during the procedure, **someone must accompany you home**. For the remainder of the day you will be required to rest at home and not operate a vehicle

## **SUTAB PREP SCHEDULED AT 1:00PM OR LATER**

### **Seven Days Prior to Your Colonoscopy (IMPORTANT)**

- ✓ Stop Aspirin & NSAID's (Ibuprofen, Naprosyn, Mobic, Advil, Motrin, Aleve, Excedrin). Tylenol is allowed.
- ✓ Stop Multivitamins, Vitamin E, Iron, Fish Oils (Omega Fatty Acids and Lovaza, Vascepa)
- ✓ **If you take BLOOD THINNERS** like Coumadin (Warfarin), Plavix (Clopidogrel), Aggrenox (dipyridamole), Brillinta (ticagrelor), Lovenox (enoxaparin), Pletal (cilostazol), Pradaxa (dabigatran), Eliquis (apixaban), Xarelto (rivaroxaban), Effient (prasugrel), Savaysa (Edoxaban) or any blood thinner check with your Primary Doctor when to stop medication prior to your procedure
- ✓ **If you are a DIABETIC**, check with your Primary Care Doctor about what to do with your diabetic medication prior procedure. Do NOT stop these medications without speaking to your physician.
- ✓ If you take these medications for **DIABETES or WEIGHT LOSS**
  - **STOP 7 Days Prior:** Qsymia, Phentermine, Adipex, Ozempic, Wegovy, Zepbound, Trulicity, Mounjaro, Byetta, Victoza, Saxenda, Tanzeum, Adlyxin, Bydureon, Rybelsus
  - **STOP 3 Days Prior:** Jardiance, Farxiga, Invokana, Steglatro, Synjardy, Trijardy and Xigduo

### **Three Days Prior to Your Colonoscopy**

- ✓ Eliminate Nuts, Seeds, Grains and Raw Vegetables. Reduce your portion of Salads
- ✓ Pick up your Sutab prep from the pharmacy
- ✓ Purchase a box of baby wipes (moist wipes)

### **The Day Before Your Colonoscopy**

- ✓ You may have a **Normal BIG Breakfast**, after that **ONLY Clear Liquid Diet** (see following page)
- ✓ **At 5PM** open 1 Bottle of 12 Sutab tablets. Fill provided container with 16 ounces of water (to the fill line on the cup). Swallow the 12 pills with the full 16 ounces of water over 15 minutes. One hour after doing that drink an additional 16 ounces of water over 30 minutes. Thirty minutes after doing that drink another 16 ounces of water over 30 minutes.
- ✓ After going to the bathroom, use only the baby wipes (moist wipes) to prevent irritation
- ✓ Place a napkin or pad in your underwear prior to bed because leakage may occur while sleeping

### **The Day Of The Colonoscopy**

- ✓ **At 8AM** open 1 Bottle of 12 Sutab tablets. Fill provided container with 16 ounces of water (to the fill line on the cup). Swallow the 12 pills with the full 16 ounces of water over 15 minutes. One hour after doing that drink an additional 16 ounces of water over 30 minutes. Thirty minutes after doing that drink another 16 ounces of water over 30 minutes.
- ✓ You will be allowed to have a Clear Liquids **UP UNTIL 4 hours prior to your test** after that point you are NOT allowed to have anything
- ✓ Unless otherwise instructed by your doctor, take all your **prescription** medications with a sip of water
- ✓ Do not smoke the day of the procedure
- ✓ You must arrive **30 MINUTES** prior to the scheduled procedure.

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