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Hemorrhoids

- Enlarged Veins that occur around the anal canal. These are caused by Constipation, Aging, Straining
- Internal Hemorrhoids: Located just inside the anal canal
- External Hemorrhoids: Located at the anal opening

Presentation

- Bleeding after defecation
- Pain during and after defecation
- Itching in the Anus
- Trouble expelling stool

Complications

- Prolapsed Internal Hemorrhoids: the internal hemorrhoid comes out of the anus
- Thrombosed External Hemorrhoids: a blood clot develops in the external hemorrhoid and causes a firm bulge at the anus that is very painful

Treatment

- Manage Constipation: Fluid, Fiber, Stool Softener and Laxatives
- Hemorrhoid Creams and Suppositories
- Noninvasive Surgical Options: Infrared Coagulation, Banding, Sclerotherapy
- Surgery